



### HOURS OF OPERATION

#### Pickering

FRIDAY  
(bi-weekly)  
5:00pm–8:00pm

SATURDAY  
(weekly)  
9:00am–2:00pm

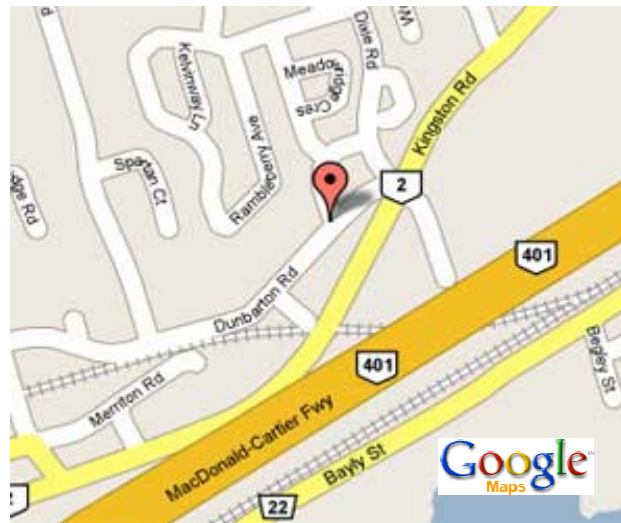
SATURDAY  
(bi-weekly)  
2:00pm–5:00pm

#### Whitby

SATURDAY  
9:00am–12:00pm

Please contact  
FOOTPRINTS at  
905-420-0388  
for more information

### Directions to FOOTPRINTS Pickering Location

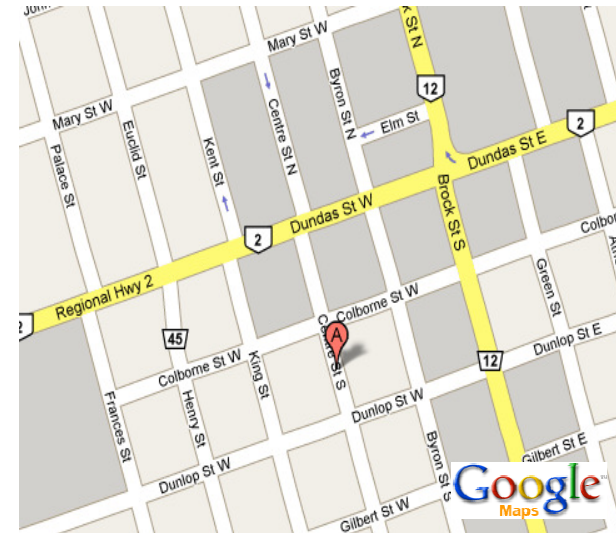


#### Dunbarton-Fairport United Church

1066 Dunbarton Road  
Pickering, ON L1V 1G8  
(Hwy #2 & Dixie Road)



### Directions to FOOTPRINTS Whitby Location



#### St. Mark's United Church

201 Centre Street South  
Whitby, ON L1N 4V7  
(Hwy #2 & Brock Street)



Need a break from the 24/7  
care of a child diagnosed  
with Autism Spectrum  
Disorder?



*Providing respite for  
families with children  
diagnosed with Autism  
Spectrum Disorders*



NOW WITH TWO LOCATIONS  
IN DURHAM REGION!

**Pickering & Whitby**

905-420-0388

[www.footprints4autism.org](http://www.footprints4autism.org)

# FOOTPRINTS: Respite in a happy and safe environment

FOOTPRINTS is a local, volunteer-driven, not-for-profit program dedicated to providing respite care for families with children 13 years of age and under who have been diagnosed with Autism Spectrum Disorders.

## Program Highlights

The program at FOOTPRINTS is geared towards the skills and interests of the children involved. Parents are required to provide information about their child to allow the Program Consultant to create a program suitable for their child.

The Georgina Foundation  
A Canadian Charitable Organization



FOOTPRINTS can include, but is not limited to: free play, arts and crafts, story time, outdoor playtime, and group activities, with a focus on social interactions between participants. A child's level of participation is strictly voluntary and supported by the program's staff and volunteers.

*Respite services are provided at a cost of*

***\$30 for a 5-hour session***

***\$18 for a 3-hour session***

*Payment is due upon arrival and a receipt will be issued.*

## Making a Difference for Families

For many families, raising a child with Autism Spectrum Disorder means being "on" 24/7. FOOTPRINTS' mission is to provide families with a few hours of respite. It is knowing a difference is being made that drives FOOTPRINTS forward, as stated by one mother:

*"Being a single mother of 3 boys, 2 who are diagnosed with Autism, FOOTPRINTS allows me peace of mind while running errands or catching up on laundry, or even spending special time with my eldest son. I know the boys have fun, burn off steam in a safe, clean environment with well-trained, compassionate staff. FOOTPRINTS is an important part of our family's life and routine."*

Charitable No.: 85600 1201 RR001

To enroll, contact

Allyson Young  
Program Consultant—Pickering  
905-420-0388 ex.1  
allyson@footprints4autism.org

Michelle Lounsbury,  
BEd., HBOR, BA  
Program Consultant—Whitby  
905-420-0388 ex. 4  
michelle@footprints4autism.org

To volunteer or to make a donation, contact:

Heather Johnson  
Marketing & Fundraising  
Consultant  
905-420-0388 ex. 2  
heather@footprints4autism.org

Julie Cashin-Oster  
Operations Manager  
905-420-0388 ex. 3  
julie@footprints4autism.org

www.footprints4autism.org



Rotary Club of Pickering