

25 GREAT PARENTING IDEAS


from Michael Grose

Focus on **one idea a day** to
transform your parenting in less than a month

- 1** DO MORE THINGS **WITH KIDS** THAN FOR THEM
- 2** IF YOU WANT HAPPY, RESILIENT KIDS **YOU GO FIRST**
- 3** RAISE YOUR SMALL FAMILY WITH **A BIG FAMILY MINDSET**
- 4** MAKE THE MOST OF THE **OPPORTUNITY YEARS** (BEFORE TEENS)
- 5** WORK ON YOUR RELATIONSHIPS AS **THEY GIVE YOU LEVERAGE**
- 6** EXPECT KIDS TO **BEHAVE WELL**
- 7** CATCH KIDS BEING **RESILIENT AND PERSISTENT**
- 8** ATTEND TO YOUR KIDS' **MENTAL HEALTH**
- 9** DON'T BE A FAMILY THAT'S ALWAYS **ON THE GO**
- 10** MAKE SURE KIDS HELP AT HOME **WITHOUT BEING PAID**
- 11** BUILD SCAFFOLDS TO **INDEPENDENCE**
- 12** **REWARD RESPONSIBILITY** WITH GREATER FREEDOM
- 13** BUILD **SELF-KNOWLEDGE** IN KIDS
- 14** MOVE KIDS DOWN THE ROAD FROM **'ME' TO 'WE'**
- 15** TEACH YOUR KIDS TO **DO WHAT'S RIGHT**, NOT WHAT'S EASY
- 16** **STRENGTHEN YOUR FAMILY** BY CREATING A STRONG FOOD CULTURE
- 17** CREATE A CULTURE WHERE THERE'S **NOTHING SO BAD THAT 'WE' CAN'T TALK ABOUT IT**
- 18** PARENT FROM THE **SAME SCRIPT**, EVEN IF YOU'RE NOT TOGETHER
- 19** **DO THINGS** WITH YOUR KIDS
- 20** DON'T LET KIDS **DROP OUT OF THE FAMILY**
- 21** **CONNECT** WITH OTHER PARENTS
- 22** EVERY CHILD NEEDS SOMEONE IN THEIR LIFE WHO SAYS **YOU CAN DO THIS**
- 23** MAKE THE MOST OF **TEACHABLE MOMENTS**
- 24** **AVOID YOUR FIRST IMPULSE** WHEN KIDS MISBEHAVE
- 25** BUILD A **STRONG FAMILY BRAND**

For more ideas from Michael Grose about raising exceptional kids...

1.  **Subscribe to Happy Kids newsletter** on parentingideas.com.au and receive latest parenting ideas and information.

2.  Get Michael's latest best-seller **Thriving!** "the new road map for raising 3-12 year olds with confidence, character & resilience" at www.parentingideas.com.au

3.  For the best parenting ideas and great advice join the **Michael Grose Parenting community** at facebook.com/michaelgroseparenting

parentingideas.com.au