Go Play Rope Games!

Stack'em Up



What's Needed

- 8+ players, ages 6 12
- 1 long skipping rope
- a hard surfaced area

How to Play

- 2 players called Enders turn the rope. Everyone else is a Jumper. Jumpers form a line beside 1 of the Enders.
- As the Enders slowly turn the rope, the first Jumper jumps in and calls out, "Number 1!" The Jumpers continue to jump in, 1 after another, calling out their number.
- The goal is to have as many players as possible jumping at the same time before a player misses a jump or touches the rope.
- Everyone is a winner.

Ability Adaptation Guidelines

- Decide before playing:
- 1. Pairing.
- Safety number of players to jump safely together.
 What ends a turn?



TORONTO Public Health

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