



# LEFT VS. RIGHT BRAIN



As similar as the brain's hemispheres look, they actually manage very different functions, which are attributed to different characteristics and abilities such as:

## LEFT SIDE

Often goal-orientated and well organized, left brainers are critical thinkers and rarely absent minded.



Planner

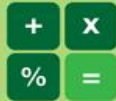
Reads sitting up



Rational

Things are done in a planned orderly way, like a to-do list.

Feelings do not get in the way when making decisions.



Logical

Skilled at math or science and sequencing ideas.



Precise

Research is well-documented and likes to read directions.



Realistic

Prefers to read realistic stories and to write non-fiction.



Music critic

Prefers classical music.



Dog lovers

## RIGHT SIDE

Slightly disorganized, unpredictable and emotional, right brainers are often good with people and philosophical.



Impulsive

Reads lying down

Things are done spontaneously; keeping track of time is not as important.



Emotional

Tends to ponder and act on feelings.



Creative and artistic

Skilled at sports, writing fiction, drawing, or playing music.



Intuitive

Solves problems intuitively and doesn't like reading directions



Psychic

Interested in "the unexplained" and mystery stories.



Sound

Prefers rock music and can study with music or television.



Cat lovers